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### **Persuasive Essay about Bullying Must Stop**

Bullying is a bad way to get amusement or anything that you want. It is a terrible thing to do and it will sometimes get you in terrible trouble with yourself or others. Bullying is having someone tell you something that hurts. It makes you not want to be there because you're afraid of that happening again. It can really bring you down to your deepest level of sadness and embarrassment. It might even make you not want to do skills or improve on them if the bully bullies you about that skill. Or if they are there with you at that place, you won't want to get bullied again so you will just quit.

Two years ago one of the people that was in my class in fourth grade was bullied. She was not bullied face to face, but still bullied. First she got weird notes like meet: me at the pool or meet me at the tetherball poles. Then one day, she got a huge wad of chewed gum in her book box where she keeps all her stuff. It eventually got so bad she had to leave our class for the rest of the day.

Ways to stop bullying include to telling someone, not reacting or being very sensitive about it or telling yourself that whatever they say is not true. If they shove you around and use violence on you, tell an adult because that is not okay. A way to prevent bullying is to stand up for yourself. If you see someone being bullied, don't be a bystander. Be an upstander, stand up to the bully and if they bully you, then stand up for yourself because no bully likes hard targets. They just like easy pickings.

Actions you can take to stop bullying are to stand up for anyone getting bullied. Tell a grown up because if you don't it will just get worse. Well you also could ask the bully why they are doing this and maybe help them not bully people any more.