

Bullying Essay

Sample Body paragraph #1

An example of bullying was when my friend got shamed because of her body size. I didn't know about it until later on. I know it has happened multiple times and I have witnessed it. I'm not proud of being a bystander, being honest I was scared of standing up and getting bullied myself. We don't always recognize bullying, sometimes it's unnoticeable and other times it's right in front of us. It's challenging to get over words that come out of anyone's mouth, frequently you go days with thinking about it. My friend was hurt, I could tell. It's hard fixing someone's thoughts about them self, once something is said to make them think it.

Sample body paragraph 2

We can't stop all bullying, but we can prevent it from happening so often. Like I said, most of the time bullies just need someone to talk to. Its anger kept inside for so long they need someone to express that anger out on. I truly don't I know all the reasons why someone would bully, but I do know anger is something that is hard to keep in. We can always get a school counselor to monitor kids' behavior. Try to make kids know it's okay to talk to someone about bullying. It's challenging to tell adults about what's happening, kids feel like they'll always get in trouble. So, when it comes to telling an adult, it's not in option. Instead of being a bystander, there is always the option of being an upstander. Reporting bullying is always a way to stop bullying.